

FEBRUARY: NOBODY LIKES A BULLY

Handling intimidating behavior at any age

MONTHLY WEBINAR

Bullying: Confronting Hostility in the Workplace

Thursday, February 17, 2011
12:00 p.m. - 1:00 p.m.

Dealing with different personalities at work is a reality; dealing with a bully is a more difficult matter. Learn how to identify hostility in the workplace and how to deal with the bully who is creating it.

BE SURE TO REGISTER IN ADVANCE
Register for the webinar on the NYS-Balance website. To participate, you will need an Internet-connected PC and a phone. If the webinar is not scheduled during your break or lunch time, you can view it later online.

RESOURCES: CONSULTANTS AND WEBSITE

From the playground to the office, bullies are a fact of life. Learning how to deal with a bully can be an important lesson at any age. Whether it's helping your child cope with schoolyard teasing, or confronting a co-worker who is trying to intimidate you, we can help you tame the bully in your neighborhood.

For practical strategies to help you or someone you care about deal with bullying, contact your NYS-Balance service by phone or web for free, confidential assistance.

Additional resources are available through your NYS Employee Assistance Program (EAP). For more information about EAP and other Work-Life Services benefits, please visit www.worklife.ny.gov.

Andrew M. Cuomo, Governor,
State of New York

Gary Johnson, Director,
Governor's Office of Employee Relations

NYS-Balance is a resource and referral program offered by Work-Life Services with funding provided by the negotiated agreements between the State and CSEA, PEF, UUP, DC-37, NYSCOPBA, GSEU, and Council 82, and by the Governor's Office of Employee Relations for employees designated M/C.

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