

JUNE: WILL YOU STILL LOVE ME TOMORROW?

Communication strategies to keep couples close

MONTHLY WEBINAR

Keeping Your Love Alive

Thursday, June 19, 2014

12:00 p.m. - 1:00 p.m.

Learn 10 relationship essentials, how to cope with challenges & conflicts, and how to balance communication styles while keeping your relationship fresh.

BE SURE TO REGISTER IN ADVANCE

Register for the webinar on the NYS-Balance website. To participate, you will need an Internet-connected PC and a phone. If the webinar is not scheduled during your break or lunch time, you can view it later online.



RESOURCES: CONSULTANTS AND WEBSITE

Healthy communication is vital in building and maintaining strong relationships between couples. Poor communication can lead to a lack of understanding, resentment, and anger. Your NYS-Balance program is here to help you with tools and information to improve communication with your partner.

Call or visit us online to get started.

Additional resources are available through your NYS Employee Assistance Program (EAP). For more information about EAP and other Work-Life Services benefits, please visit www.worklife.ny.gov.

Andrew M. Cuomo, Governor,
State of New York

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Please contact your Human Resources Office, EAP Coordinator, or Work-Life Services at worklife@goer.ny.gov for the username and password to access this website or for the toll-free number to call NYS-Balance.

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less complicated